

OCISAA INTERGROUP UPDATE

September 9, 2026 — Meeting Highlights

Please share at your meeting

OF NOTE

New meeting: Thursday Night Men's Group. Thursdays 7:00–8:30pm, in-person, men only. Laguna Niguel Presbyterian Church, 30071 Ivy Glenn Dr, Laguna Niguel (Room C). Does not meet the first Thursday of the month. Contact Rob E: text 949-429-9658 or email thursdaynightmensgroup100@gmail.com. Full listing: ocisaa.org/oc-meeting-list/#/thursday-night-mens-group

Volunteers needed for the Innovations in Psychotherapy Conference, Nov 10–13. The conference is at the Anaheim Marriott Hotel, with projected attendance of 1,400 therapists, academics, and researchers. We need volunteers for 3–4 hour shifts November 10–12 — please text or call Ron at 949-297-6810 if you'd like to help.

WEBSITE & OUTREACH

Our site drew 538 visits to the home page and 368 hits on the meetings page this period, with 135 visits arriving via our social outreach on X and Bluesky.

Google Ads/Digicom delivered 1,018 impressions and 106 click-throughs — a 10.4% conversion rate.

OC RETREAT PLANNING

Planning continues for the OC Retreat, with initial agenda ideas drawn from Ron's survey at the Monday night Costa Mesa men's meeting — a book report on *Ego is the Enemy* (Jackson S), an “Ask It, Basket” panel moderated by Jay F, a Step Two discussion, and a proposal to bring the SAA Conference & Convention to SoCal (IraM). More topic suggestions are welcome!

UPCOMING EVENTS

- **Oct 2–4** – Southern California Retreat, Prince of Peace Abbey. Text Gordon 714-227-5886 or visit socalretreat.eventsmart.com.
- **Oct 11** – OCISAA Mixed Fall Retreat, Irvine Duck Club. More info at ocisaa.org.
- **Oct 14, 6:30pm** – Orange County Intergroup Business Meeting via Zoom. All welcome!
- **Oct 18, 1:30pm** – Fellowship Disc Golf Afternoon, no cost, everyone welcome.
- **Thursdays, 8am** – Sponsors Workshop. Zoom ID 419880404, PW 123456.

INTERGROUP FINANCIAL HEALTH

Current Balance: \$6,349.05

\$187.00 in contributions this period — thank you to Monday 6am Meditation (SteveP) and Tuesday, Capo Valley (JeffR) for stepping up for their groups!

- \$20 – Monday 6am Meditation (SteveP)
- \$132 – Tuesday, Capo Valley (JeffR)
- \$10 – Venmo
- \$25 – PayPal

Expenses: \$236.26 (Zoom, Google Ads, bank fees)

SUPPORT YOUR INTERGROUP

Your donations fund our website, Google Ads, our twice-yearly retreats, and new meetings in the area.

Zelle: 949-244-7786 | Venmo & PayPal: @ocisaa

NEXT INTERGROUP MEETING

Wednesday, October 14, 2026 at 6:30pm via Zoom. All are welcome. Full minutes are posted at ocisaa.org under “News.”